

Diverse Women in Nutrition and Traditional Knowledge

1. Dr. Vandana Shiva (India)



A physicist turned food sovereignty advocate, Dr. Shiva promotes biodiversity and indigenous farming knowledge. She has been instrumental in defending traditional seed systems and nutrition linked to regional food cultures.

2. Dr. Patricia Cochran (Alaska, USA - Inupiat)



Director of the Alaska Native Science Commission, she brings traditional ecological knowledge into food security policy. Her work integrates indigenous wisdom with climate and health resilience.

3. Prof. Priscilla N. Kolibea Mante (Ghana)



A neuropharmacologist and nutrition researcher focused on the therapeutic value of African medicinal plants and foods. She advocates for African traditional medicine in public health.

4. Maria Elena Lucero (Peru - Quechua)

A community leader preserving ancestral Andean farming techniques. She educates local families on traditional crop cycles and the nutritional power of native tubers like oca and mashua.

5. Dr. Emma Beckett (Australia)

A molecular nutrition scientist and science communicator, she merges academic research with public education. She highlights how social and cultural food narratives shape nutrition outcomes.



6. Rangimarie Naida Glavish (New Zealand - Maori)



Cultural advisor and advocate for Maori health practices. She promotes rongoa (traditional healing) and the importance of whenua (land) in sustaining food systems and well-being.